A tool that creates a kind of virtual machine which contains all the necessary software to run your application.

In other words you can tell Docker that you need a machine with all these dependencies and it kreate something that we call the container. It will be like mini virtual computer running in your machine as you had asked. You can use that to run your tests. This way you don't need to install all the dependencies like: installed Java, Chrome, plugins, libraries… in each and every machine.